



# LIFELINE



*I am responsible when anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there, and for that I am responsible.*

**life·line** | \ 'līf-, līn : 1. A rope or line used for life-saving, typically one thrown to rescue someone in difficulties in water. 2. A thing on which someone depends for a means of escape from a difficult situation.

<https://en.oxforddictionaries.com>

## “MAKE A SEARCHING AND FEARLESS MORAL INVENTORY OF OURSELVES”

Our family and friends; the significant individuals in our lives, sex, our relationship to power, money and authority, and of course God – these are the areas of our lives that the Big Book insists we dig into as thoroughly as we can. And, to do so in spite of our fear, shame or guilt. For that is what fearless means; “to take an action even though we are afraid of the outcome”. After all, fear and feelings of phoniness may well be the only honest emotions we have left. Neither is a barrier to recovery.

Step Four was designed to be the first part of the completion of Step Three – and if we are serious about the decision to turn our will and our lives over to God, as we understand him – then going forward trusting in the love of God can only be a positive force for goodness. This step is all about our becoming members of the program of Alcoholics Anonymous – joining with the millions of alcoholics and addicts who have gone before us.

Before you begin, however you need to acknowledge a few things:

1. No one will ever see this inventory. Not your sponsor; not a counselor – not the person you choose to hear your 5th Step. No One. Just you (and God).
2. “Our secrets keep us sick” – Not just a cliché – it is a basic truth, so be as honest as you can possibly be. But remember, too – the step doesn’t say “final” or “complete” – just the best you can do today.



3. **The step says nothing about drinking or drugging. It is about living life.** Start at that point in each relationship where you began to feel pain and write.
4. Lastly, keep in mind that you are not looking for those things you hate about yourself; nor some listing of sinful behavior or psychiatric phobia. We are seeking to list those occasions within our own per-

sonal history that caused us to feel afraid, ashamed or guilty as a direct result of our actions (or inactions). It is our inventory... It is what we dislike about ourselves in these relationships. Write about yourself – you are seeking to clean your side of the street. Remember, it’s not about them – it’s about us!

**SIGNIFICANT OTHER(S)...** If you have (or had) someone in your life who qualifies, here is the place to consider him or her. Once again, keep in mind that this person’s behavior is not the issue – only yours! And remember, you can only have one such individual in your life at one time, when a new #1 shows up – the previous one drops down (or out). Each relationship must be searched to the limit of our memory. “Half measures availed us nothing”.

### FAMILY AND FRIENDS...

Never mind the “who is who”, a friend that is just like a brother fits in this category just as well as a Mom who is also your best friend. Start writing those things that you do not like about yourself in each and every relationship. Ignore the “re-feeling of bad feelings”, don’t bother with the why – just list the what. Feeling petty or peculiar is

*(continued on page 2)*

(cont) pretty much normal. Ignore it and keep writing. "This is a way to a faith that works."

**SEX...** The Big Book takes three pages to discuss this subject, all to make certain we cover a sensitive and perhaps embarrassing topic as best we can. This is not the place for evasion or rationalization either. Read over pages 68 to 70 and list your dislikes in regard to your sexuality.

**MONEY, POWER AND AUTHORITY...** Don't discount this area of your life. Too often we tend to think these are just everyday living experiences. Trust the experience of others though – these are breeding grounds for resentments.

**GOD...** With respect, there is one more relationship that we need to investigate. Perhaps it is the times we live in – we seem to carry the need for a higher power at arms-length, afraid of being seen to rely on something that seems obvious to so many and yet is so personally a part of

our recovery. What do we fear of our past with the God of our understanding? Of what are we ashamed? Is our future dependent on God's charity or are we able to see that our relationship requires our continued decision making?

**CONGRATULATIONS; YOU ARE HALF-WAY HOME.** Step 4 calls for a "moral" inventory – and, moral means the "relationship between right and wrong." So – take each of the above listed areas of your life and ask the opposite question "What do I like about myself in regards to each one? Don't shrink from this equally important part of the step, the answers are there – just buried deep. None of us is so lacking in conscience so as to be without good.

**PATTERNS...** If you have been as painstaking as you can be, if you have looked into every dark corner of your mind and memory, then your inventory is complete. Now is the time to prepare for your

5th Step by reviewing what you have written and looking for overlapping patterns. Areas where the same character defect tends to influence each part of your life.

For example, many of us found a clear tendency to withhold participation from a relationship so that we would not be hurt by surprise. We put in only enough of ourselves to make a relationship seem to work – holding back so that we could pull away at the first sign of dissatisfaction. We needed to feel as if we were in control. Always unwilling to risk being caught unaware.

From this, we learned that, as the Big Book indicates, we had just the one defect of character – selfishness – based on self-centeredness.

In this inventory, you will find your 5th Step. Do it soon though – wallowing in our inventory has proven to be an ineffective means of changing our lives.

<https://www.aacle.org/fourth-step-prep/>

*"And we have ceased fighting anything or anyone even alcohol. For by this time sanity will have returned." BB pg 84*

The first time I heard the voice was on a hot sticky summer evening in 2003. I was nine years sober and working a decent program. After an argument with my then wife, I had retreated to my office at home, slamming the door behind me. Bam! In the front of my anger, slamming the door was my exclamation point. Years before, then with a different wife, I had slammed an expensive dinner plate onto the kitchen floor. It shattered into a million tiny pieces. I learned that door slamming was cheaper and more effective. Sometimes a few pictures fell off the wall, but usually nothing broke. Besides, if I didn't get the right satisfaction from slamming the door the first time, I could always slam it again, harder. You just can't do that with a broken dinner plate.

My face felt purple as wave after wave of adrenaline surged through me. I panted in short shallow gasps. Had this been a cartoon you would have

seen black smoke shooting out of both of my ears like Popeye just before he finally eats the spinach and clobbers Bluto.

Then I heard the voice. It said, "You don't have to live this way anymore if you don't want to." It was the first time in my life I realized that every time I react in anger towards others, I'm the one who gets hurt. My peace of mind goes out the window. I not only say and do hurtful things, but I give away my serenity. This is just shooting myself in the foot. That evening I made peace of mind my number one goal.

My restoration to sanity -- to a life of balance, harmony and order is nothing I did and everything God did. It has been a long slow process, but today, by working the program of Alcoholics Anonymous to the best of my ability, I enjoy a life that is peaceful and contented. Four years ago I met a beautiful woman. We bought a home together and became partners in life. It's amazing to note that we have never had an argument of any kind during these four years. Wow!

<https://aaspirit.blogspot.com/2021/10/restored-to-sanity.html>

## Restored to Sanity

The Alcoholics Anonymous (AA) program began in 1935 and has become one of the most successful recovery models for people struggling with addiction. The program emphasizes several key principles, among them is the importance of helping others and performing acts of service. These principles are essential to the program's philosophy and are based on the belief that personal recovery depends on focusing not just on our own recovery, but on the well-being of others. This article explores why the AA program considers helping others and doing service as a vital part of recovery, looking at how these practices contribute to personal growth, the reinforcement of sobriety, and the strengthening of the 12-Step communities. Additionally, I will reflect on how these principles play a significant role in my own journey.

One of the central principles of the program is the idea that recovery is a life-long journey, and it is crucial to maintain a mindset of humility and support for others. By helping those who are struggling, we not only contribute to the well-being of others but also reinforce our own commitment to recovery. This principle is in the 12th Step of AA, which encourages us to "carry this message to other alcoholics" and to "practice these principles in all our affairs."

***"PRACTICAL EXPERIENCE shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail." (Big Book pg. 89)***

In my own experience, helping others plays a pivotal role in strengthening my own recovery. When I first started attending meetings, I felt overwhelmed and uncertain about my ability to stay sober and

no less be of help to others. I was afraid to participate in meetings by sharing and was way too selfish to do any service. But as I began to listen to others who were living the program and had recovered, rather than just sitting in meetings feeling hopeless, I decided out of desperation to give the actual program a try.

## The Importance of Helping Others and Being of Service

***Shortly after I began practicing the first 11 Steps, I realized that helping people by sharing my experiences would give me a sense of purpose.***

After 8 years of being around the fellowship, I finally felt a part of something bigger than me. I was reminded of my struggles and the progress I was now making. This reflection kept me grounded in my recovery. The gratitude I felt from knowing that my experiences could help someone else keep going was incredibly powerful. I have to say that it is a gift from God, and I feel that my own suffering now has a purpose. We say that the first 11 Steps are the preparation for the work and that the 12th Step is the work. I have to say that for myself, the 12th Step, just like the first 11, doesn't feel like work that I

must do; this feels like something that we get to do.

Service is another essential aspect of the program. Through service work—whether it's leading meetings, making coffee, greeting at the door, secretary, GSR, etc., or assisting in organizing events—we contribute to the overall health of the fellowship.

***For me, engaging in service has been a transformative experience.***

When I started volunteering to lead meetings, I was initially hesitant, unsure if I was qualified to take on such a responsibility. However, as I became more involved in service, I realized how much it anchored me to the program. It made me feel like, with God's help, I had something to offer beyond just attending meetings for my own recovery. I check myself to be sure that I'm living in all three sides of the triangle: Unity, Service, and Recovery. If you had asked me 30 years ago if I could see myself doing service, helping others, speaking at meetings and large conferences, and being on the board of a meeting hall, I would have said you are crazy. Today I get to do these things and speak in front of patients on a daily basis. It is amazing what God, and the 12 Steps have done in my life and countless others.

***By taking on service commitments, I learned that my actions have an impact on the health of the 12-Step community.***

An aspect of alcoholism is the tendency toward self-centeredness. Although it is true with most people, many alcoholics become consumed with their own needs, desires, and self-doubt. The AA program challenges this mindset by encouraging us to step outside of ourselves and focus on the needs of others. *(continued on page 4)*

(con't) ***Through the practice of helping others, I've experienced a shift in my own thinking.***

In the past, my addiction made me focus only on myself—on my obsessions, my pain, and my struggles. But, through AA's emphasis on service and helping others, I learned that the best way to heal is to focus on the needs of those around me. I have found that when I am able to show up for someone else, whether it's by offering my experience with something or simply listening, I am able to step outside of my own self-centered thoughts and feel more connected to others. In my early recovery, I had many personal losses and life struggles; it was helping others that kept me away from picking up that drink or drug. If it had not been for sponsoring others and doing service, I don't think I would

have stayed sober.

***Helping others in the program has also given me a greater appreciation for the importance of empathy.***

When I see someone else struggling, I can relate to their pain, and I can help them through it. In doing so, I find a sense of purpose and meaning that helps me stay grounded in my recovery.

For newcomers to the 12-Step fellowships, seeing others actively help and serve is a source of immense hope and inspiration. For those just beginning, the example of those who have recovered shows that change is achievable and that there is a community of people ready to offer support.

Life will take on new meaning. To watch people recover, to see them help others, to watch loneliness vanish, to see

a fellowship grow up about you, to have a host of friends – this is an experience you must not miss. We know you will not want to miss it. Frequent contact with newcomers and with each other is the bright spot of our lives. (*Big Book pg. 89*)

A.A.'s focus on helping others and engaging in service is a vital part of recovery. By helping others, we strengthen our own recovery, build a sense of community, foster selflessness, and provide inspiration for newcomers. In my own experience, embracing these principles has not only helped me remain sober but also given me a deeper sense of connection to the 12-Step community, God, and to life itself. Ultimately, helping others and doing service in a 12-Step program is a key to achieving lasting sobriety and living a fulfilling life of connection and purpose.

<https://www.hanleycenter.org/the-importance-of-helping-others-and-being-of-service>



## **SERVICE OPPORTUNITY!**

# ***SMIA needs a Treasurer.***

### **Requirements:**

- Residence in Calvert, Charles or St Mary's county - Calvert county preferred.
- Minimum of 2 years of continuous sobriety.
- This is a 2 year term.

### **Duties:**

- Pay all obligations incurred by the membership
- Manage all funds, securities, receipts, disbursements for SMIA
- Serve as the Chair of the Finance Committee.

**This is an excellent opportunity to be of service at the District level.**

**Please join us at the next SMIA meeting, Saturday April 11 at 10am**

**Immaculate Conception Church,**

**28297 Old Village Road, Mechanicsville, MD 20659**

**Or via Zoom @**

**<https://zoom.us/j/99982597908?pwd=QzVLcUZrVHdacFlrYUNZN21tdkluQT09>**

# LESSON OF THE GEESE

Next fall when you see geese heading south for the winter, flying in their familiar "V" formation, you might be interested in knowing why they fly that way. Science has learned that, as each bird flaps its wings, it creates an uplift for the bird immediately behind it. By flying in a "V" formation, the flock together gains over 70% more flying range than if each bird flew on its own. Like the geese, people who share a common direction and a sense of community can get where they are going quicker and easier, because they are trav-

eling on the thrust of one another. Whenever one goose falls out of formation, it suddenly feels the drag and resistance of trying to go it alone. It will quickly try to get back into formation to take advantage of the lifting power of the birds in front. If we have as much sense as a goose, we will stay in formation with those who are headed the same way that we are going. When the lead goose gets tired, it rotates back in the wing, and another goose takes over the point position. It pays to take turns doing the hard jobs! The geese from behind honk constantly, as you've no doubt heard whenever a flock passes overhead. They do this to encourage those up front to keep up their speed. An en-

couraging word goes a long way. Finally, when a goose gets sick or is wounded by a gunshot and falls out of formation, two geese follow it down to stay with it and protect it. They stay until it is either able to fly again, or dies. At that point, they launch out on their own or with another formation to catch up with the group. If we have the sense of a goose, we will stand by each other.

<https://www.childrendefense.org/lessons-from-geese-standing-by-each-other-in-difficult-times/>



I'd been sober about eleven months and had just moved into a nice house on a nice street in with nice roomies with "solid recovery". I go for a walk to have a look around a nice part of town, head held high on a warm sunny day. I see nice markets and cute store fronts, so I pop in to have a look.

"Can I help you w something?" And the familiar look that says "I'm keeping my eye you."

"Nah, I'm good thanks."

I leave and I tell myself to let it go. I see another shop but think twice about going in so I keep walking. Mind you I also mentally registered every liquor, beer, and wine store as well but hey, I'm good.... right? I turn onto the main drag and it's full of cafes and restaurants with patios full of laughing, smiling, young, beautiful pitchers of green beer on every table. Block after block I walk by and that "Can I help you....?" replays in my head - I hadn't really let it go. I do what was suggested and start making calls. Got a few voice mails and "Hey, Mike, I'm busy can I call you later?" F\*&k those AA people. So I start walking back to my nice house on my nice street....past the shop I didn't go into and the one that I did.... and the liquor, beer and wine store. I grabbed a six-pack and a newspaper then found a nice

park on a nice street. Sitting on the grass, I watched dogs chase sticks, a

softball game, read the paper and drank the six - all perfectly civilized. I grabbed a steak, some vegs, another six, went back to my nice house on my nice street, ate, finished that six and went to bed. When morning comes, my first thought is, "That wasn't so bad" and second thought, "What time does the store open?" A week later I came to in some apartment, face down on a stained carpet full of cigarette butts and fleas, asking, "What time does the store open?" The thing is, it wasn't my alcoholism that progressed, because it was just five more years of the same sh\*t. It was me that didn't progress during that eleven months. Thank you for letting me share.



<https://www.facebook.com/groups/justanotherfacebookgroup/permalink/27180994634836547/>

# 5 Ways to Share Effectively at Alcoholics Anonymous Meetings

When you're a recovering alcoholic, Alcoholics Anonymous meetings can be your safe haven when you feel the need to talk about your struggles and experiences with overcoming alcohol addiction. Sharing your personal story in an AA meeting is a healthy, therapeutic way to relieve stress associated with addiction. It even allows you to inspire others who are facing similar challenges.

At an AA meeting, you're allowed to say nearly anything that's on your mind, given you respect the anonymity of other individuals. If you've recently started attending AA meetings or want help learning how to get more out of AA meetings, here are 5 suggestions on how to effectively share your story.

**1. Be Honest and Candid at All Times-** Ensure that everyone has sufficient time to share during AA meetings. Lying or exaggerating about your experiences with alcohol offers no benefit to you or to other AA members listening to your story. When it's your turn to speak, be as honest and heartfelt as you can. Seasoned AA members and those who listen intently can often tell when you're stretching the truth. Honest stories are more beneficial to other members who are looking to you for their own sources of inspiration and guidance.

**2. Respect the Time of Others-** Sharing at AA meetings can be highly therapeutic. When you're ready to share, put your hand up and wait to be selected by the group leader or chairperson. Try to limit your time sharing when appropriate and understand that there may be other individuals who are struggling with and

may have a strong need to share that week.

**3. Focus on the Positive-** Recovering from alcohol addiction is difficult and not without its roadblocks. Realistically, you'll have negative things to say from time to time. However, when it's your turn to share, try focusing on the positives about your journey, even when they seem few and far between. For AA meetings to be successful, there must be a healthy balance of positive versus negative stories to keep everyone on track with recovery.

**4. Limit Sharing When Necessary-** If you feel as if you don't have much to share during a particular AA meeting, it's perfectly okay to keep your sharing brief, since there may be others who have a strong urge to speak up. Keep in mind that AA meetings exist to support you during recovery, and that you're under no obligation to share for a set amount of time at every meeting.

**5. Stick to the Topic-** Some AA meetings may be devoted to specific topics, such as dealing with cravings, facing denial or changing your daily routine to avoid being around alcohol. When attending AA meetings that are devoted to certain topics, do your best to stay on topic when sharing. This can make certain sessions more beneficial to members who may need extra help and guidance in regards to the assigned topic. If you feel a strong urge to share something, but don't feel comfortable discussing your story in front of everyone at an AA meeting, consider sharing it exclusively with a sponsor you trust.

<https://sober.com/5-ways-to-share-effectively-at-alcoholics-anonymous-meetings/>



## Mountain Climbing

When I find myself drifting out in the future I try to remember the mountain climber. Mountaineers don't climb up the mountain with their eyes on the summit. They may glance up at the peak occasionally, but generally they keep their eyes right in front of them. If they don't they might fall off! When I am content to keep my head in today and focus on what is right here, now, life seems to take care of itself.

<https://aaspirit.blogspot.com/2010/09/mountain-climbing.html>

**“With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the trustees of the General Service Board. On such issues our common welfare is paramount.”**

## TRADITION FOUR

### Step -Tradition Parallel

If I don't seek the advice and help of others in matters affecting them, then I again become God in my own life, the exact nature of my wrongs. The steps help to restore my relationship with God (through inventory among other things) and the traditions show me how to get along with God (and others). I was God in my own life. I was a dictator. With others, I was just the opposite. I sought their approval. The fourth tradition solves this dilemma: I seek to be one with God and to be one with others about matters affecting them. There are certain things that must be done alone with God, such as writing inventory. Writing inventory is an autonomous function. Interesting parallel.

As it states at the top of this page, the 12 Traditions were created to help each A.A. group maintain unity and relate better to the world about us. With that in mind, they have been widely used in helping us learn how to be in better relationships with everyone in our life. Below is a snapshot inventory you can take to see how well you are honoring the spiritual principle found in this Tradition (in and out of the rooms of A.A.). The foundation of this inventory is from the A.A. Tradition's Checklist first published in the A.A. *Grapevine*:



## SERENITY IMPROVEMENT GROUP

April 2026 Tuesday Zoom

### VIRTUAL SPEAKERS

8 pm Eastern Time

April 7	Penny P	Los Angeles CA
April 14	Matt T	NYC
April 21	Reggie W	Los Angeles CA
April 28	David L	Boca Raton FL

Speaker recordings at: <https://tinyurl.com/SIGspeakers>

Zoom Meeting ID: 285 801 921

NO PASSWORD REQUIRED

7<sup>TH</sup> Tradition: PayPal: [SIG.Serenity@gmail.com](mailto:SIG.Serenity@gmail.com)

One tap mobile

+16465588656,,285801921# US (New York)

+13126266799,,285801921# US (Chicago)



1. Do I insist that there are only a few right ways of doing things in AA?
2. Does my group always consider the welfare of the rest of AA? Of nearby groups? Of Loners in Alaska? Of Internationalists miles from port? Of a group in Rome or El Salvador?
3. Do I put down other members' behavior when it is different from mine, or do I learn from it?
4. Do I always bear in mind that, to those outsiders who know I am in AA, I may to some extent represent our entire beloved Fellowship?
5. Am I willing to help a newcomer go to any lengths—his lengths, not mine—to stay sober?
6. Do I share my knowledge of AA tools with other members who may not have heard of them?
7. What “questions” could we ask ourselves before we make a decision to use our autonomy?
8. Does autonomy excuse or justify improper behavior?

<https://takethe12.org/t4>

# APRIL 2026

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
<b>Congratulations!</b>			Janet G., 5 yrs, Cobb Island	Tessa, 3 yrs, St Charles Step		John O' G, 29 yrs, Happy Hour  Kris F., 5 yrs, Helping Others
5	6	7	8	9	10	11
	Samantha, 1 yr, Monday Nite Group	Barbara N., 3 yrs, Blue Top at Noon		Gisela R., 35 yrs, Almost Normal  Keith T., 8 yrs, Basic Text  Jeff B., 4 yrs, St Charles Step		
12	13	14	15	16	17	18
Allison, 4 yrs, Sunday Morn- ing Sobriety  Danny H., 11 yrs, Living Sober (St. Mary's)						Chelsea B., 13 yrs, Pri- vate Celebra- tion
19	20	21	22	23	24	25
Joshua J., 12 yrs, KISS			Brian M., 26 yrs, There Is A Solution		Sandy D., 42yrs, Leonardtwn	Scott B., 2 yrs, Kingston Creek  Phil Q., 6 yrs and Lauren H., 6 yrs, Laurel Grove
26	27	28	29	30		
		Phyllis B., 45 yrs, Emotion- al Sobriety  James, 28 yrs, Smoke Free		Old Neil, 38 yrs and Frank G., 7 yrs, Pop- lar Hill		

# MAY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
	Tony N., 8 yrs, Monday Nite Traditions		Gloria D., 34 yrs, Patuxent River		Joyce S., 10 yrs, Almost Normal	
10	11	12	13	14	15	16
17	18	19	20	21	22	23
						Pete R., 33 yrs, Laurel Grove
24	25	26	27	28	29	30
Paul F., 2 yrs, Never Too Late						
31						

CONNECT WITH US ON WHATSAPP FOR MORE DETAILS

CARC 2 2026  
WhatsApp group

AA's in districts 1, 6, 22, 23, 27, 31, 35, 36, & 42: **CARC 2 wants to hear from you!** Join us to discuss various agenda items relevant to the AA fellowship and present them to our Area 29 delegate and alternate delegate!

We are meeting twice:

<p><b>Planning</b></p> <p>Sat. 03/14/26 10:00am-12:00pm</p> <p>Virtual Via Zoom:</p> <p>Meeting ID: 819 6340 3879</p> <p>Passcode: 083638</p>	&	<p><b>CARC 2</b></p> <p>Sat. 04/04/26 9:30am-12:30pm</p> <p>Hybrid:</p> <p>South Shore Recovery Club 1199 Generals Hwy Crownsville, MD 21032</p> <p>Zoom meeting ID: 874 2052 6148</p> <p>Passcode: CARC</p>
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# Basic Text Group 20th Anniversary

**April 30th  
at 6:00 PM**

**Speaker Meeting with guest speaker  
Jim M. @ 7:00 PM**

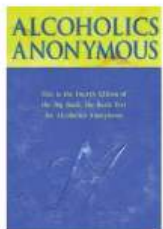
**This is a pot-luck, so please bring  
an entree, side, or dessert to share**



Immaculate Conception Church,  
28297 Old Village Rd  
Mechanicsville, MD 20659

District 35 Presents our Annual

## 4<sup>TH</sup> Step Workshop



Saturday, April 18 2026  
11:30 AM – 2:30 PM

Peace Lutheran Church  
401 Smallwood Drive  
Waldorf, MD 20602

**Food  
&  
Fellowship  
Provided!**



Our liquor was  
but a symptom.  
So we had to get  
down to causes  
and conditions.

Oh sure, now you  
want to call your sponsor



whatsmuck.com - 2027634177

# REGISTER

FOR THE  
2026 VAC CONVENTION

DoubleTree by Hilton Hotel  
Richmond - Midlothian  
1021 Koger Center Blvd,  
Richmond, VA 23235  
Friday, August 14 through  
Sunday, August 16, 2026

Hosted by VAC District 29 and  
surrounding Richmond Districts

\$20 until 12/31, \$25 1/1-8/13

\$35 registration at the door

Rooms \$135 a night until 7/15/26



Registration &  
Scholarships



Hotel  
Booking

2026VACconvention@gmail.com



# NEW

AA Women's Group  
Bedouin Women – Language of the Heart  
Thursdays – Starting November 6, 2025  
7:00 p.m.

Phillips House  
37 Duke Street Prince Frederick



JOIN US

#AAWomensGroup - 2427031371



DISTRICT 36 AA

CORRECTIONS WORKSHOP

COURAGE TO CARRY THE MESSAGE

BEHIND THE WALLS

"12. Having had a spiritual awakening as the result of these steps, we TRIED to carry this message to alcoholics, and to practice these principles in all our affairs."  
—p60 Alcoholics Anonymous

Join us for a sharing session focused on carrying the AA message inside correctional facilities.

Workshop Focus:

- Sharing experience, strength & hope from corrections work
  - How to do corrections work
  - Open discussion and fellowship

Date: April 25, 2026

Time: 4:00 PM - 5:00 PM

Location: Knights of Columbus  
41605 Fenwick Street  
Leonardtown, Maryland 20650

"I am responsible... When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

For more information contact: D36corrections@gmail.com

# District 36

# EVENTS

# Committee

## Is looking for a Co-Chair

Contact Your Home Group GSR or Mary F.  
(maryfearns82@gmail.com) for information



## Alcoholics Anonymous

### Maryland Deaf Access Committee (MDAC)

Created to organize the foundation of funding and scheduling in-person AA meetings interpreted in American Sign Language (ASL) in Area 29



#### Who We Are

The Maryland Deaf Access Committee (MDAC) is a group of AA members who work in cooperation with our local area districts and home groups to help ensure we can carry the message to ALL those seeking recovery.

#### Focus

Our main focus is providing ASL (American Sign Language) interpreters at in-person AA meetings in Area 29 to make the fellowship more accessible to the Deaf and hard of hearing community

#### AA Traditions

We follow AA's 12 Traditions and are not affiliated with any outside organization. More information will be provided on our website soon. Also see our FAQs.

#### Contributions

We rely on contributions from AA members and groups to pay for ASL interpreters. We encourage people to remember that when we're discussing having ASL interpreters at meetings, we're discussing providing language access to A.A.

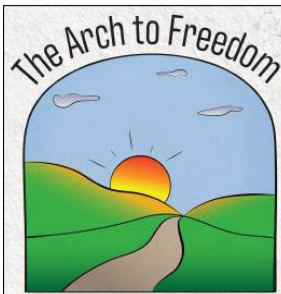
Contributions can be made by

Venmo@ MDAC-2023 or

PayPal@ MarylandDeafAccess@gmail.com

Please share our website: [www.mdacAA.org](http://www.mdacAA.org)

[MarylandDeafAccess@gmail.com](mailto:MarylandDeafAccess@gmail.com)



**Sheraton Baltimore North Hotel**  
903 Dulaney Valley Road Towson, Maryland 21204  
**MGS Room Rate:**  
\$129 per night plus tax  
King or two Double Beds  
More Doubles available as holds are released

**Book rooms at the MGS Group Rate!**



You may cancel your reservation for no charge 2 days before arrival, June 16, 2026

**52nd Maryland State Convention**  
June 19-21, 2026

Hosted by Maryland General Service, Inc with Al-Anon and Alateen Participation

<https://bit.ly/MDStateConvention>  
**Free Parking Garage Validation for all Convention Registrants**

Full schedule available on our Mobile App

FRIDAY		SATURDAY		SUNDAY	
7 AM	Registration Opens   Hospitality Suite Opens   Committee Displays   Coffee   Alcahcon Meetings (7am - Midnight)	7 AM	Registration   Hospitality Suite   Committee Displays   Coffee   Alcahcon Meetings (7am - Midnight)	7:00 AM	Rise & Shine! Coffee   Hospitality   Alcahcons (until 9AM)
8:30 AM	AA Speaker (Steps 1 - 3): Gina T., Pennel, PA	8:30 AM	Joe & Charlie Steps 10 - 12 Workshop	8:30 AM	Workshops
10 AM - 5 PM	AA, Al-Anon & Spanish Workshops	10 AM	Al-Anon Speaker: Michele G., Charleston, WV	10:00 AM	AA Speaker (Steps 10 - 12): Robert H., Lexington, SC
10 AM & 2:30 PM	Joe & Charlie Steps 1 - 3 & Steps 4-9 Workshops	10 - 5:45 PM	Workshops	11:15 AM	Committee Farewells
11:30 AM	Delegate's Report	11:30 AM	Delegate's Report	11:59 AM	Convention Ends
12:30 - 2:30 PM	Lunch Buffet	11:30 - 1:30 PM	Lunch Buffet	<b>Coffee &amp; Beverage Service (\$10 per person for entire weekend): Daily 7:00-10:00 AM, 2:30-5:30 PM &amp; 8:00-11:00 PM. Also included with meal purchases.</b>	
4 PM	AA Speaker (Steps 4 & 5): Lance B., Parkville, MD	3 PM	Old Timers Panel		
5:45 - 7:45 PM	Plated Dinner	6:15 PM	Banquet Seating Opens		
7:30 PM	AA Play "The Coffee Pot Zone"	7:30 PM	Doors Open for Non-Banquet Seating		
8:45 PM	AA Speaker (Steps 6 & 7): Linda K-K., Piscataway, NJ	7:45 PM	MGS Introductions & Gratitude		
10:15 PM	Ice Cream Social or AA History Workshop	8:00 PM	Sobriety Countdown		
11:59 PM	Alcahcons End & Hospitality Suite Closes	8:30 PM	AA Speaker (Steps 8 & 9): Jim W., Charleston, WV		
		10:00 PM	DJ Dance   Ice Cream Social   Joyful Noise Song Circle   Same Room		
		11:59 PM	Good Night!		



**Hotel Sheraton Baltimore North**  
903 Dulaney Valley Road Towson, Maryland 21204  
**Tarifa de habitación MGS:**  
\$129 por noche más impuestos Cama King o dos camas dobles  
Más dobles disponibles a medida que se liberan las reservas

**¡Reserva habitaciones con tarifa grupal MGS!**



Puede cancelar su reserva sin cargo 2 días antes de la llegada, 16 de junio de 2026

**52.ª Convención Estatal de Maryland**  
19-21 de junio de 2026

Organizado por Maryland General Service, Inc. con la participación de Al-Anon y Alateen

<https://bit.ly/MDStateConvention>

Validación de estacionamiento gratuito para todos los inscritos en la Convención 2 días antes de la llegada, 16 de junio de 2026

Horario completo disponible en nuestra aplicación móvil

VIERNES		SÁBADO		DOMINGO	
7 AM	Inscripciones abiertas   Apertura de la sala de hospitalidad   Exhibiciones de comités   Café   Reuniones del Alcahcon (7:00 a. m. a medianoche)	7 AM	Registro   Sala de recepción   Exhibiciones de comités   Café   Reuniones del Alcahcon (7:00 a. m. a medianoche)	7:00 AM	¡Arriba y brilla! Café   Hospitalidad   Alcahcons (hasta las 9 a. m.)
8:30 AM	Orador de AA (Pasos 1 a 3): Gina T., Pennel, PA	8:30 AM	Taller de Joe y Charlie, pasos 10-12	8:30 AM	Talleres
10 AM - 5 PM	Talleres de AA, Al-Anon y en español	10 AM	Oradora de Al-Anon: Michele G., Charleston, Virginia Occidental	10:00 AM	Orador de AA (Pasos 10-12): Robert H., Lexington, SC
10 AM & 2:30 PM	Talleres de Joe y Charlie, pasos 1 a 3 y pasos 4 a 9	10 - 5:45 PM	Talleres	11:15 AM	Despedidas del Comité
11:30 AM	Informe del delegado	11:30 AM	Informe del delegado	11:59 AM	La convención termina
12:30 - 2:30 PM	Almuerzo buffet	11:30 - 1:30 PM	Almuerzo buffet	<b>Servicio de café y bebidas (\$10 por persona durante todo el fin de semana): Todos los días de 7:00 a 10:00, de 14:30 a 17:30 y de 20:00 a 23:00. También incluido en la compra de comidas.</b>	
4 PM	AA Speaker (Steps 4 & 5): Lance B., Parkville, MD	3 PM	Panel de veteranos		
5:45 - 7:45 PM	Cena en plato	6:15 PM	Se abren los asientos del banquete		
7:30 PM	AA Play "La Zona de la Cafetera"	7:30 PM	Puertas abiertas para asientos que no sean de banquete		
8:45 PM	Orador de AA (Pasos 6 y 7): Linda K-K., Piscataway, NJ	7:45 PM	Presentaciones y agradecimientos de MGS		
10:15 PM	Taller de Historia Social de Helados o AA	8:00 PM	Cuenta regresiva para la sobriedad		
11:59 PM	Cierra Alcahcons End & Hospitality Suite	8:30 PM	Orador de AA (Pasos 8 y 9): Jim W., Charleston, WV		
		10:00 PM	DJ Dance   Fiesta de helados   Circuito musical con ruido alegre   Sala de juegos		
		11:59 PM	¡Buenas noches!		

# GROUPS CHANGING THEIR LOCATION

*Beginners At Noon*

*Drunks Are Us*

*Lexington Park Big Book*

*Monday Nite Group*

*Not Quite Right*

46940 SOUTH SHANGRI LA DR.

SUITE 12

LEXINGTON PARK, MARYLAND 20653

**Starting December First**

# Service Opportunities!

## GSR ORIENTATION

Area 29 • Maryland General Service

FIRST MONDAY OF EVERY MONTH

7:30 PM – 8:30 PM (ET)

ZOOM ID- 892 1762 3074

PASSCODE- GSR

### You Are Invited

New to General Service? Want to learn more or get a refresher?  
All new General Service Representatives (GSRs) in Area 29 — and any member of Alcoholics Anonymous — are welcome to attend this monthly orientation session.

### What Does a GSR Do?

A General Service Representative (GSR) is the link between an A.A. group and A.A. as a whole. GSRs represent their home group, carry the group conscience into the service structure, and share information from the district, Area 29, and the General Service Office.

Serving as a GSR is one of the clearest ways to participate in A.A.'s Unity and Service.

Hosted by Area 29 • Panel 76  
Questions? [altdelegate@marylandaa.org](mailto:altdelegate@marylandaa.org)

## Treatment Center Committee

"The District 36 Treatment Center Committee"

is looking for female fellowship members,  
who are willing and have a year  
or more of sobriety to bring  
in-house A.A. meetings into  
the Jude House

Wednesday Evenings 7:00pm.

Please contact this committee at our email:

[treatmentcommittee36@gmail.com](mailto:treatmentcommittee36@gmail.com)

This is a very rewarding experience!

Come join up and try it out!

The Committee Contact:

[treatmentcommittee36@gmail.com](mailto:treatmentcommittee36@gmail.com)



## Does your group, intergroup, or district need accessibility help?

Do you need:

- Large-print, audio, or Braille literature?
- ASL or foreign language interpretation?
- Help finding meeting spaces that can accommodate wheelchair users or service animals?
- Tools for bringing meetings to senior centers and assisted living facilities?
- Ideas for supporting alcoholics in remote areas?



The Area 29 Accessibilities  
Committee is here for you!

We meet on the first Saturday of  
the month at noon ET

Zoom ID: 871 6531 6649

Passcode: A29Access



What kind of  
"Event" would you like  
the District to host ???

**Provide suggestions to:**

- **Your Home Group GSR**
- **The Events Committed Chair:**  
**Mary F. / [maryfearns82@gmail.com](mailto:maryfearns82@gmail.com)**
- **Attend a District 36 Committee Meeting**  
2nd Tuesday of the month, 6:30pm, Hollywood Rescue Squad

# "BLUE TOP @ NOON"

Lexington Park United Methodist Church

21760 Great Mills Road

12:00 noon

Tuesday, Wednesday, Thursday

Tuesday will be the Daily Reflections

Wednesday will be the Big Book

Thursday will be a Step/Tradition meeting

Come check us out and join our group!

# CLEAN AIR GROUP

The Clean Air Group

Is in need of support

And home group members

Come on out and check us out

Friday nights 6:30pm.

St. Andrews Episcopal Church

44078 St. Andrews Church Rd.

*Support Your Local Groups!*

# THE WHAT'S THE POINT GROUP!!

COME OUT AND CHECK US OUT AT OUR

IMPROVED NEW LOCATION

THE CALLAWAY BAPTIST CHURCH

20960 POINT LOOKOUT RD.

THURSDAY EVENING 8:00PM.

WE NOW HAVE

AIR CONDITIONING.!!!



# NOT QUITE RIGHT

The Not Quite Right Group

8:00pm. Friday Nights

Good Samaritan Lutheran Church

20850 Langley Rd. (Middle Building)

Lexington Park, Md.

Is in need of Support

and Home Group Members

**SOUTHERN MARYLAND  
INTERGROUP  
ASSOCIATION  
MEETING MINUTES  
3/14/26**

**OPENING** - The Serenity Prayer

**Board Members Present:** Todd M – Chair; Bruce O – Treasurer; Shaara W – Secretary and Paul S – Parliamentarian.

**New Member(s)/Visitor(s) Introduction:** John W, Waldorf Group.

**Groups & Committees Represented:** Buddy F – Archives Chair; Bill L– Web/Bookstall (remotely); Keith H – Lifeline; Roy B, Charles County Corrections; Emme J, ODAAT; Faye S, We Are Not Alone; Andrea A, PI/PCP Charles County and Cindy C, Awakenings (remotely).

**SMIA Chair Report:** Todd reported he attended the Intergroup Liaison Group and got some good information on treasurer positions. In addition, they discussed alternative ways to get donations such as Venmo.

**Vice-Chair Report:** None.

**Secretary Report** (corrections/additions). Motion to accept the February 2026 Minutes as posted on the Web and in the Lifeline. Second. All in favor.

**Treasurer Report** (corrections/additions). Noted that the audit for the Gratitude Dinner was complete with a profit of more than \$860. Motion to accept the March 2026 Treasurer's Report as posted on the Web and in the Lifeline. Second. All in favor.

**COMMITTEE REPORTS** Corrections/Treatment/Public information/PCP Calvert: No report. Charles: No report. PI: Andrea reported extensive networking. St. Mary's: Roy B. reported participation has been good; he's still asking for volunteers. He stated that they are organizing a workshop

"Behind the Walls" regarding service in penal environments. It is scheduled for 4/25 at the Knights of Columbus in Leonardtown.

**Telephone:** No report.

**Where & When:** There are approximately 300 Where & Whens still available. It is felt that the next printing will be in May. New chair: Misty C. 2

**Lifeline:** Keith H. reported that things are going good. He suggests anyone who's interested in AA history let him know as he gets a lot of it and can turn it into articles. He welcomes any suggestions, feedback, etc., by the 27th of the month. Flyer submissions should be only in Portrait and pdf.

**Events: Valentine's Bingo:** Buddy reported it went well, had 60-75 people and made \$765.

**Speaker Jam:** Michelle reported via text that it went extremely well and they're thinking about making it an annual event.

**Serenity Breakfast:** Nothing to report.

**Picnic:** Still a long way away. Buddy F. will chair again this year.

**Gratitude Dinner:** Buddy will reserve the second Saturday in November at the Church of the Immaculate Conception to make sure we have a venue. He suggested spaghetti or lasagna for the menu. Workshops: Nothing to report.

**Bookstall:** No. Orders 8; Total Collected \$147.75. Expenses Big Books \$247.60. Buddy noted that GSO sent 12&12s instead of Big Books and they let us keep the 12&12s.

**Web Report:** Main Site Total Visitors (initial visit) Bookstall Site 3530– down 18% 2745– up 1.44% 5 Most Frequently visited pages Home Page – 3313 Where and When Calendar- 259 On-Line Meet-

ings - 214 Al-Anon Information - 194 Anniversary Calendar - 187 Top 10 Visitor Locations – Maryland, Virginia, New York, DC, West Virginia, Pennsylvania, Delaware, Nebraska, California, Ohio Site Updates and Changes No significant changes. Added options for board position nominees to the Service Opportunities page 3 Meeting Change Information The Hollywood Group moved to the Church of the Nazarene in Hollywood. The Awakenings Group added location specific instructions to the notes field for all meetings. A new group was requested named "Keep It Real" and according to the information provided, is an on-line only group, however no on-line meeting information was provided. I sent a follow-up request for that information but there has been no response. The meeting will not be listed without that information. Meeting Status Currently there are 136 meetings in our service area; 127 meetings are in-person, 6 meetings are hybrid, 8 meetings are on-line only, and one meeting is suspended. Document Posts and Updates Lifeline posted – 3/2/26 Financial page updated – 3/1/26 Where and When PDF updated – 2/23/26 SMIA Minutes posted – 2/18/26 Notes It is important to note that the SMIA is not responsible for the accuracy of on-line or physical meeting information. This is the responsibility of the groups or districts that provide the information.

**OLD BUSINESS:** Elections. No new nominations. Emme J. is now Vice Chair. Keith T. is the new Parliamentarian. There were no nominations for Treasurer. Todd will take that over temporarily. In the meantime, search for an appropriate candidate continues. Lorraine, Bruce and Paul were thanked for their service.

**NEW BUSINESS:** None.

**FOR THE GOOD OF THE ORDER** Motion to Adjourn. Second. All in favor.

**CLOSING** – Responsibility Pledge

**The Lifeline** is an unofficial newsletter published by Southern Maryland Intergroup Association, Inc. Any opinions expressed are those of the writers. They are not endorsed by SMIA, any group or AA as a whole. Group secretaries and individuals are encouraged to send group news, anniversaries and events. Material may be edited for space and content. Please send all *Lifeline* correspondence to: [somdlifeline@gmail.com](mailto:somdlifeline@gmail.com)

# April 2026

## Southern Maryland Intergroup Association Inc Treasury Report

Monthly Contributions:			
<b>\$2,094.75</b>			
<a href="http://www.somdintergroup.org/contribute">www.somdintergroup.org/contribute</a>			
SMIA, PO Box 767, Charlotte Hall, MD 20622			
Southern Maryland Intergroup Association Inc Monthly Statement of Financial Position February 25, 2025 - March 24, 2026		Southern Maryland Intergroup Association Inc Yearly Statement of Activity April 25, 2025 - April 24, 2026	
<b>Assets</b>		<b>Year to Date Income</b>	<b>BUDGET Shortfall</b>
Primary Business Checking	\$ 4,490.43	Contributions	\$9,209.45 -2%
Prudent Reserve	\$ 4,300.00	Bookstall Sales	\$ 2,941.45 16%
PayPal	\$ 327.54	Gratitude Dinner	\$ - 100%
Bookstall Cash on hand	\$ 100.00	Serenity Breakfast	\$ 860.55 14%
<b>Total Assets</b>	<b>9,217.97</b>	<b>Total 2025 Income</b>	<b>13,011.45 10%</b>
<b>This Month's Expenses</b>		<b>Year to Date Expenses</b>	<b>BUDGET Left to Use</b>
Bookstall Purchases	\$ -	Bookstall Purchases	\$ (2,161.76) 46%
Liability Insurance	\$ -	Liability Insurance	\$ (351.00) -29%
Lifeline Printing	\$ (177.23)	Lifeline Printing	\$ (1,351.13) -41%
Misc	\$ (206.67)	Misc	\$ (311.41) 0%
Phone Answering Service/1-800#	\$ (61.29)	Phone Answering Service/1-800#	\$ (665.62) -105%
Post Office Box	\$ -	Post Office Box	\$ (120.00) 0%
Rent	\$ (150.00)	Rent	\$ (1,650.00) 8%
Webmaster	\$ (927.00)	Webmaster	\$ (1,953.00) 37%
Website	\$ (133.28)	Website	\$ (977.72) -15%
Where & When	\$ -	Where & When	\$ (1,526.40) 58%
Picnic	\$ -	Picnic	\$ (773.22) 23%
Travel	\$ -	Travel	\$ - 100%
Workshops	\$ -	Workshops	\$ - 100%
SMIA Archives	\$ -	SMIA Archives	\$ - 100%
Office sup (coffee, postage & faxing)	\$ -	Office sup (coffee, postage & faxing)	\$ (162.00) 10%
Bank Charges and Fees	\$ (16.00)	Bank Charges and Fees	\$ (160.00) -60%
Other - Tax Filings	\$ -	Other - Tax Filings	\$ - 0%
<b>Total Expenses</b>	<b>\$ (1,671.47)</b>	<b>Total 2025 Expenses</b>	<b>\$(12,163.26) 32%</b>
<b>Total of Checking and PayPal Allows us a financial Runway of</b>		<b>3.25</b>	<b>Months</b>
<b>Number of Months of Fiscal Year Remaining</b>		<b>1</b>	<b>Months</b>
<b>For our 2024-2025 planned expenses, we currently have a</b>		<b>\$ 3,333.64</b>	<b>Excess</b>
<b>Remaining Service Committee Budgets</b>		<b>C&amp;T</b>	<b>PI/CPC</b>
Budget Year 2025 (01May2025 - 30Apr2026)	Calvert	\$ 275.00	\$ 31.00
As of 12DEC2025	Charles	\$ 375.00	\$ 250.00
	St.Mary's	\$ 99.00	\$ 18.60

**THANK  
YOU FOR  
YOUR  
CONTRI-  
BUTIONS:**

**Beginners at Noon  
Bedouin  
Don't Louse It Up  
Waldorf  
We Are Not Saints  
Grateful Alive  
Awakenings**

Please include your current group number when submitting correspondence or contributions to the SMIA. You can find your current group number at <https://somdintergroup.org/wwwsearch.html#gulf>. If your group does not have a current group number, contact the Area 29 Registrar at [registrar@marylandaa.org](mailto:registrar@marylandaa.org).

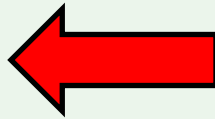
# WHERE DO WE SEND OUR CONTRIBUTIONS?

1) All contributions can be made online:  
[www.somdintergroup.org/donate.php](http://www.somdintergroup.org/donate.php)

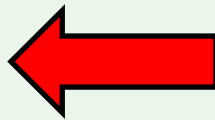
2) Or they can be mailed to the appropriate office location:

**\*PLEASE NOTE THAT GSO AND MARYLAND GENERAL SERVICE OFFICE ADDRESSES HAVE CHANGED\***

**General Service Office  
Post Office Box 2407  
James A Farley Station  
New York, NY 10116-2407**



**Maryland General Service  
PO BOX 234  
Crownsville, MD 21032**



**Southern Maryland Intergroup (SMIA)  
P.O. Box 767  
Charlotte Hall, MD 20622**

**District 1 Trust Fund (Calvert)  
P.O. Box 234  
Barstow, MD 20610**

**District 35 (Charles)  
P.O. Box 1981  
La Plata, MD 20646**

**District 36 (St. Mary's)  
P.O. Box 1334  
California, MD 20619**

**ATTENTION GROUP TREASURERS:**

***\*Remember to include the 6-digit GSO Group Number on all correspondence to Maryland General Service.***

## Samples of Group Contributions to A.A. Service Entities\*

Distribution Plan of \_\_\_\_\_  
(YOUR GROUP NAME)

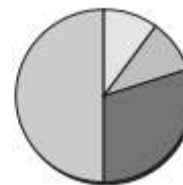
Your Group Service # \_\_\_\_\_

(Be sure to write group name and service # on all contributions.)



\_\_\_\_% to district  
\_\_\_\_% to area committee  
\_\_\_\_% to G.S.O.  
\_\_\_\_% to intergroup or central office  
\_\_\_\_% other A.A. service entities  
\_\_\_\_% other A.A. service entities

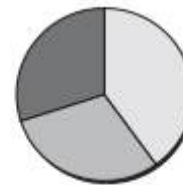
OR



**10%** to district  
**10%** to area committee  
**30%** to G.S.O.  
**50%** to intergroup or central office

OR

If you have no intergroup/central office.



**40%** to district  
**30%** to area  
**30%** to G.S.O.

**THE DEADLINE FOR ALL LIFELINE MATERIALS IS THE 27th OF EACH MONTH.**

## SMIA SERVICE TEAM:

Chair: Todd M.

Vice Chair: Lorraine J.

Secretary: Shaara W.

Treasurer: VACANT

Parliamentarian: Paul S.

Web: Bill L.

Bookstall: Buddy F.

Lifeline/Archives: Keith H.

Telephone: Sheri R.

Where & When: Pat P.

## DISTRICT 35 CHARLES COUNTY

Please join us at our next District Meeting  
the first Thursday of the month @ 7pm

**Peace Lutheran Church**  
401 Smallwood Drive  
Waldorf, MD

Or via ZOOM

Meeting ID: 85795899259

Password: D35!2025

Mailing address:  
PO Box 1981, La Plata, MD 20646

## NEW BOOKSTALL HOURS:

First and Third Thursday of the  
month 6:00pm - 6:45pm

Second Saturday of the month 9am - 10am

## DISTRICT 1 CALVERT COUNTY

### SERVICE OPPORTUNITIES

Accessibilities Chair

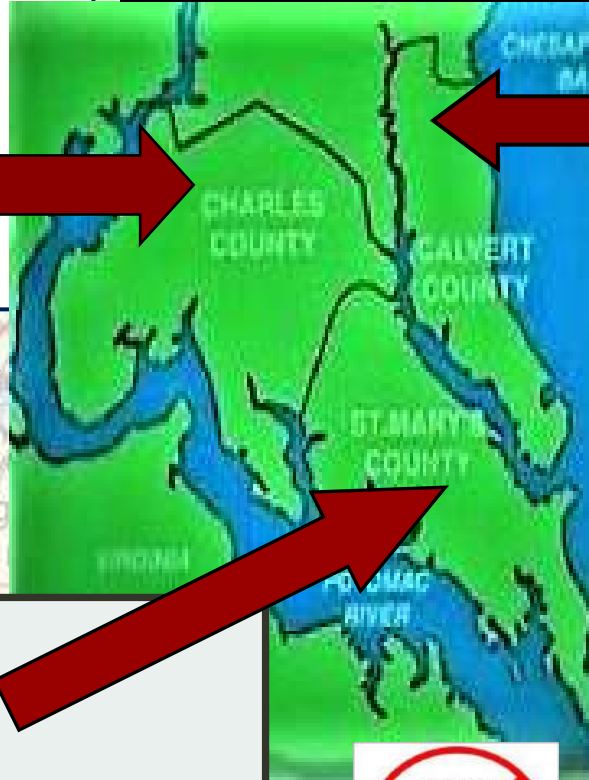
Men's Institutions Chair

Bridging the Gap Chair

District Meeting:  
7 PM, 3rd Monday  
St. Paul's Episc. Church  
25 Church St.  
Prince Frederick, MD  
20678

District 1 Trust Fund  
PO Box 234

Barstow, MD 20610  
[www.calvertaa.org](http://www.calvertaa.org)



**SERVICE KEEPS  
US SOBER**

## DISTRICT 36

### ST. MARY'S COUNTY

PO Box 1334, California, MD 20619

[www.district36mdaa.org](http://www.district36mdaa.org)



# DISTRICT NOTES

The next SMIA Meeting will be held on

*Saturday, May 9 at 10:00 AM*

Join us in person @

Immaculate Conception Church,  
28297 Old Village Road, Mechanicsville, MD  
20659

Or via Zoom @

[https://zoom.us/j/99982597908?  
pwd=QzVLcUZrVHdacFlrYUNZN21tdkluQT09](https://zoom.us/j/99982597908?pwd=QzVLcUZrVHdacFlrYUNZN21tdkluQT09)

Please send any updates for  
the Where & When to:  
[smia.whereandwhen@  
somdaa.org](mailto:smia.whereandwhen@somdaa.org).

Current meeting guides are  
available at the monthly  
SMIA meeting on a limited  
basis.